

# THE GOLIATH FOUNDATION

Helping men and future fathers make better choices to lead happier, healthier lives.

[thegoliathfoundation.com](http://thegoliathfoundation.com)

The Goliath Foundation ("Goliath") exists to positively impact men who are struggling to find a sense of purpose in life and shed toxic masculinity.

Goliath's body of work utilizes various media modalities to share life lessons in a real, relevant, and relatable way from a man who has lived them and successfully navigated volatile environments, both internally and externally.

**Now in his early fifties, Black Author, Speaker and Mentor, Ben Smith, stands solidly grounded in happiness, love, and joy as he reflects on his passage to manhood in a dangerous world of uncertainty.**

*Inside the mind of a suicidal young man, audiences are walked along a razor's edge into the visceral experience of a nightclub bouncer, and into an intoxicating world of drugs, sex, gangs, and competitive boxing.*

**The Goliath multimedia franchise includes a semi-autobiographical book, an episodic series, and an accompanying father-daughter podcast series.**

**BOOK** | Through the voice of Daniel, *Killing Goliath* shares the story of a young man's journey from crippling self-loathing to self-love, struggling to silence the monster inside his head and heal from a painful past in order to transition from brute force to strength of character. It offers insights into the mind of a Black man burdened by hate, bitter with regret, fighting to experience and feel worthy of love.

**Gripping.  
Graphic.  
Real.**

**SERIES** | Following the recent disappearance of his daughter Jean, Daniel battles to overcome his self sabotaging inner dialogue, and find a sense of purpose and love in a violent, dangerous world, while simultaneously being bombarded by taunts from the monster inside his head. This series is currently in development and seeking a production partner.

**PODCAST** | More than twenty years after the events in which they struggled to maintain their relationship against the odds, a father and daughter discuss ways in which every day men can find solutions to problems through the experiences of a man whose dark past is behind him as he seeks to share his hard earned wisdom.

*The Goliath Foundation supports mental health by offering cohort learning, interactive workshops, and speaking engagements to address the issues of suicide, violence, retaliation, and addiction through the power of storytelling and safe spaces for men to heal.*

Watch Ben's Video  
HERE



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**GOLIATH**  
FOUNDATION  
JOIN THE FIGHT TO END BULLYING

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